

Improve your Health with Remote Patient Monitoring (RPM)



VINEYARD MEDICAL CARE

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RPM can help lead to fewer visits to the doctor and the hospital.

Changes in blood pressure, weight, or other vitals can be a sign of potential health issues. It's not practical for us to check your blood pressure or weight every day in the office, but with remote patient monitoring (RPM), we can.

With RPM, you can take measurements at home and send it to us with the push of a button. We can monitor you in real-time and contact you if we have concerns, preventing trips to the emergency room, and even reduce hospitalizations.



RPM can monitor a number of conditions, including:



High blood pressure
(Hypertension)



Heart failure



Obesity



Diabetes



COPD



Asthma

Is it complicated? I already have enough apps on my phone that I never use.

No, in most cases you can take your vitals with a simple push of a button on the device without a smartphone or a mobile app.

You simply take your reading and press a button to send the information to our office. Our team can even send you a reminder if you forget.

Is RPM secure?

Yes. RPM software and devices are HIPAA (Health Insurance Portability and Accountability Act) compliant, so your data is protected and secure. We will never share this information without your permission.

Is RPM covered by Medicare and commercial insurance?

RPM is covered under Medicare Part B, and if you have supplemental Medicare coverage, you won't have to pay anything. If you don't have supplemental Medicare coverage, you may be responsible for a co-pay. Commercial insurance coverage varies, so be sure to check with your health insurance plan.

Should I take a reading every day?

We will create your care plan that outlines how often you should take readings, and any other instructions to give you the best outcomes. Most often, daily readings can help us understand your health and provide the best possible care.