



# CDL Self-Certification Form

As a Commercial Driver's License (CDL) or Commercial Learners Permit holder, you are federally required to inform the Registry of Motor Vehicles (RMV) of the type of commerce in which you operate (interstate or intrastate), and whether or not you are required to hold a US DOT Medical Examiner's Certificate (also referred to as a medical certificate or medical card). If you are an NI or NA categorized driver, you will need to re-certify, using this same form, prior to each expiration of your medical certificate. Depending on the validity period of your certificate, you will most likely have to re-certify every 1-2 years. Failure to complete your initial self-certification, or to re-certify by your self-certification expiration date thereafter, will result in the downgrade of your CDL to a Class D license. EI and EA categorized drivers will be required to re-certify every five years at the time of license renewal. A driver may also need to re-certify prior to an expiration date if the type of driving that is conducted has changed or if the driver has been issued a new medical certificate.

## A. Commercial Driver Information (Please either print clearly or type)

Last Name				First Name				Middle Name				Suffix	
Current Massachusetts Learner's Permit or Driver's License #								Date of Birth (MM/DD/YYYY)					
Residential Address													
Street			Apt. #		City			State		Zip Code			
Email								Phone Type		Phone #			
								<input type="checkbox"/> Cell <input type="checkbox"/> Home <input type="checkbox"/> Work					

Please select only one of the following self-certification categories. See page two (2) of this form for category definitions.

**I certify my commercial driving is:**

- Non-Excepted Interstate (NI)\*** (copy of medical certificate required) – I engage in Interstate commerce and must meet the federal DOT medical certificate requirements
- Excepted Interstate (EI)** – I engage in Interstate commerce and do not have to meet the DOT medical certificate requirements
- Non-Excepted Intrastate (NA)\*** (copy of medical certificate required) – I engage in Intrastate commerce and must meet state driver qualification requirements
- Excepted Intrastate (EA)**– I engage in Intrastate commerce and do not have to meet the DOT medical certificate requirements

**\*If you selected the NI or NA category and do not have a W restriction on your license, you must fill out the medical certificate portion of this form on page two (2), and provide a copy of your medical certificate.**

If you have a federal medical variance, a state waiver, or a Skill Performance Evaluation Certificate (SPE), which is indicated on your medical certificate, **you must also provide a copy of this documentation.**

You should self-certify at the highest standard for which you qualify so as not to limit work opportunities. Non-excepted Interstate (NI) is the broadest category and the one you should select if you meet the criteria, even if you currently do not consider yourself an interstate driver.

**I hereby certify under the penalties of perjury that the information I provided in this CDL Self-Certification Form is true and complete.**

Driver's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Customers who wish to obtain, or who currently hold, a Commercial Driver's License (CDL) that is being renewed, upgraded, or transferred from another state, will be required to self-certify at that time if they do not have a current medical certificate on file with the RMV. This CDL Self-Certification Form and a copy of the medical certificate, if applicable, must be presented at the time of the transaction.

**The easiest and quickest way to complete this form and provide your medical certificate is through our website, [www.mass.gov/rmv](http://www.mass.gov/rmv). You will be required to upload your medical certificate as part of the transaction.** You may also submit this form by mail or in person at an RMV branch.

**Mail forms to:**

MassDOT, RMV Division, Driver Licensing  
PO Box 55889  
Boston, MA 02205

**Submit forms in person to:**

Any RMV branch office. Locations can be found by visiting [www.mass.gov/rmv](http://www.mass.gov/rmv).

**RMV Override Request** – I understand the override that was explained to me by the RMV and I authorize the RMV to process it.

Customer's Signature: \_\_\_\_\_

## B. Medical Examiner's Certificate Information

### Commercial Driver Information (Please either print clearly or type)

Last Name	First Name	Middle Name	Suffix
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Date of Birth (MM/DD/YYYY)

		/			/						
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Please clearly enter the information from your medical certificate in the fields below. If you are required to hold a medical certificate, you will need to provide the RMV with a copy as part of your self-certification. Filling out the information below assists us with data processing, but does not replace the requirement to also provide a copy

- |  |   |
|--|---|
| <input type="checkbox"/> 1. Wearing corrective lenses                    | <input type="checkbox"/> 4. Driving within an exempt intracity zone (49 CFR 391.62)         |
| <input type="checkbox"/> 2. Wearing hearing aid                          | <input type="checkbox"/> 5. Accompanied by a Skill Performance Evaluation Certificate (SPE) |
| <input type="checkbox"/> 3. Accompanied by a waiver (variance) exemption | <input type="checkbox"/> 6. Qualified by operation of 49 CFR 391.64                         |

Condition #6 only applies to a very limited number of drivers who fall under a federal grandfather clause that limits them to a one year medical certificate. If condition #6 is selected on your medical certificate and you do not fall under the grandfather clause, condition #6 was most likely chosen by the medical examiner in error. You should return to the medical examiner to request a revised medical certificate.

Telephone #	Issue Date
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Medical Examiner's Name

Specialty Code (MD, DO, PA, CH, AN, or Other)	License #	Issuing State	Suffix
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Medical Examiner's National Registry # (new requirement)	Medical Certification Expiration Date
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If #3 is checked: Exemption Effective Date (MM/DD/YYYY)	Expiration Date
- - - - -	- - - - -

If #5 is checked: Exemption Effective Date	Expiration Date
- - - - -	- - - - -

## Definitions of Self-Certification Categories

### Non-accepted Interstate (NI)

- All Class A, B, or C privately or self-employed commercial drivers who operate or expect to operate in interstate commerce, and are subject to meet the federal medical standard and, therefore, are required to obtain a medical examiner's certificate
- All Class A, B, or C drivers who do not fall under any other category or who have been granted a federal vision or diabetes exemption or a Skill Performance Evaluation (SPE)

### Accepted Interstate (EI)

- Drivers who operate or expect to operate in interstate commerce but engage exclusively in transportation or operations that are not required to meet all or parts of the federal qualification requirements and are, therefore, not required to obtain a medical examiner's certificate

Examples of EI Drivers include:

- City, municipal, or state employed Commercial Driver's License holders

### Non-accepted Intrastate (NA)

- All Class A, B, or C privately or self-employed commercial drivers who only operate in intrastate commerce and are subject to state driver qualification requirements

Examples of NA Drivers include:

- Drivers 18-21 years of age with a K restriction associated with their license to operate
- Drivers 21 and over with a W Restriction associated with their license to operate

### Accepted Intrastate (EA)

- Drivers who operate in intrastate commerce but engage exclusively in transportation or operations that are not required to meet all or parts of the state driver qualification requirements and are, therefore, not required to obtain a medical examiner's certificate

Examples of EA Drivers include:

- City, municipal, or state employed Commercial Driver's License holders

**Public Burden Statement**

A Federal agency may not conduct or sponsor, and a person is not required to respond to, nor shall a person be subject to a penalty for failure to comply with a collection of information subject to the requirements of the Paperwork Reduction Act unless that collection of information displays a current valid OMB Control Number. The OMB Control Number for this information collection is 2126-0006. Public reporting for this collection of information is estimated to be approximately one minute per response, including the time for reviewing instructions, gathering the data needed, and completing and reviewing the collection of information. All responses to this collection of information are mandatory. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: Information Collection Clearance Officer, Federal Motor Carrier Safety Administration, MC-RRA, 1200 New Jersey Avenue, SE, Washington, D.C. 20590.



U.S. Department of Transportation  
Federal Motor Carrier  
Safety Administration

**Medical Examiner's Certificate**  
(for Commercial Driver Medical Certification)

I certify that I have examined **Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ in accordance with *(please check only one)*:  
the Federal Motor Carrier Safety Regulations ([49 CFR 391.41-391.49](#)) and, with knowledge of the driving duties, I find this person is qualified, and, if applicable, only when *(check all that apply)* **OR**  
the Federal Motor Carrier Safety Regulations ([49 CFR 391.41-391.49](#)) with any applicable State variances (which will only be valid for intrastate operations), and, with knowledge of the driving duties, I find this person is qualified, and, if applicable, only when *(check all that apply)*:

- Wearing corrective lenses      Accompanied by a \_\_\_\_\_ waiver/exemption      Driving within an exempt intracity zone ([49 CFR 391.62](#)) *(Federal)*
- Wearing hearing aid      Accompanied by a Skill Performance Evaluation (SPE) Certificate      Qualified by operation of [49 CFR 391.64](#) *(Federal)*
- Grandfathered from State requirements *(State)*

**Medical Examiner's Certificate Expiration Date**  
\_\_\_\_\_

The information I have provided regarding this physical examination is true and complete. A complete Medical Examination Report Form, MCSA-5875, with any attachments, embodies my findings completely and correctly, and is on file in my office.

<b>Medical Examiner's Signature</b> _____	<b>Medical Examiner's Telephone Number</b> _____	<b>Date Certificate Signed</b> _____
<b>Medical Examiner's Name</b> <i>(please print or type)</i> _____	MD      Physician Assistant      Advanced Practice Nurse DO      Chiropractor      Other Practitioner <i>(specify)</i> _____	
<b>Medical Examiner's State License, Certificate, or Registration Number</b> _____	<b>Issuing State</b> _____	<b>National Registry Number</b> _____

<b>Driver's Signature</b> _____	<b>Driver's License Number</b> _____	<b>Issuing State/Province</b> _____
<b>Driver's Address</b> Street Address: _____ City: _____ State/Province: _____ Zip Code: _____		<b>CLP/CDL Applicant/Holder</b> Yes      No

\*\*This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required to be maintained by regulatory requirements.\*\*

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U.S. Department of Transportation  
Federal Motor Carrier  
Safety Administration

**Medical Examination Report Form**  
(for Commercial Driver Medical Certification)

**MEDICAL RECORD #**

\_\_\_\_\_  
(or sticker)

**SECTION 1. Driver Information** (to be filled out by the driver)

**PERSONAL INFORMATION**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Driver's License Number: \_\_\_\_\_ Issuing State/Province: \_\_\_\_\_ Phone: \_\_\_\_\_  
 E-Mail (optional): \_\_\_\_\_ CLP/CDL Applicant/Holder\*: Yes No  
 Driver ID Verified By\*\*: \_\_\_\_\_  
 Has your USDOT/FMCSA medical certificate ever been denied or issued for less than 2 years? Yes No Not Sure

\*CLP/CDL Applicant/Holder: See instructions for definitions.

\*\*Driver ID Verified By: Record what type of photo ID was used to verify the identity of the driver, e.g., CDL, driver's license, passport.

**DRIVER HEALTH HISTORY**

Have you ever had surgery? If "yes," please list and explain below. Yes No Not Sure

Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements)? If "yes," please describe below. Yes No Not Sure

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Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Exam Date: \_\_\_\_\_

**DRIVER HEALTH HISTORY** *(continued)*

Do you have or have you ever had:	Not		Not	
	Yes	No	Yes	Sure
1. Head/brain injuries or illnesses (e.g., concussion)			16. Dizziness, headaches, numbness, tingling, or memory loss	
2. Seizures/epilepsy			17. Unexplained weight loss	
3. Eye problems (except glasses or contacts)			18. Stroke, mini-stroke (TIA), paralysis, or weakness	
4. Ear and/or hearing problems			19. Missing or limited use of arm, hand, finger, leg, foot, toe	
5. Heart disease, heart attack, bypass, or other heart problems			20. Neck or back problems	
6. Pacemaker, stents, implantable devices, or other heart procedures			21. Bone, muscle, joint, or nerve problems	
7. High blood pressure			22. Blood clots or bleeding problems	
8. High cholesterol			23. Cancer	
9. Chronic (long-term) cough, shortness of breath, or other breathing problems			24. Chronic (long-term) infection or other chronic diseases	
10. Lung disease (e.g., asthma)			25. Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring	
11. Kidney problems, kidney stones, or pain/problems with urination			26. Have you ever had a sleep test (e.g., sleep apnea)?	
12. Stomach, liver, or digestive problems			27. Have you ever spent a night in the hospital?	
13. Diabetes or blood sugar problems Insulin used			28. Have you ever had a broken bone?	
14. Anxiety, depression, nervousness, other mental health problems			29. Have you ever used or do you now use tobacco?	
15. Fainting or passing out			30. Do you currently drink alcohol?	
			31. Have you used an illegal substance within the past two years?	
			32. Have you ever failed a drug test or been dependent on an illegal substance?	

Other health condition(s) not described above: Yes No Not Sure

Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below: Yes No Not Sure

**CMV DRIVER'S SIGNATURE**

I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of [49 CFR 390.35](#), and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under [49 CFR 390.37](#) and [49 CFR 386](#) Appendices A and B.

Driver's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**SECTION 2. Examination Report** *(to be filled out by the medical examiner)*

**DRIVER HEALTH HISTORY REVIEW**

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Exam Date: \_\_\_\_\_

**TESTING**

Pulse Rate: \_\_\_\_\_ Pulse rhythm regular: Yes No Height: \_\_\_ feet \_\_\_ inches Weight: \_\_\_ pounds

Blood Pressure	Systolic	Diastolic
Sitting		
Second reading <i>(optional)</i>		

Urinalysis	Sp. Gr.	Protein	Blood	Sugar
Urinalysis is required. Numerical readings must be recorded.				

Other testing if indicated

*Protein, blood, or sugar in the urine may be an indication for further testing to rule out any underlying medical problem.*

**Vision**

*Standard is at least 20/40 acuity (Snellen) in each eye with or without correction. At least 70° field of vision in horizontal meridian measured in each eye. The use of corrective lenses should be noted on the Medical Examiner's Certificate.*

Acuity	Uncorrected	Corrected	Horizontal Field of Vision
Right Eye:	20/ _____	20/ _____	Right Eye: _____ degrees
Left Eye:	20/ _____	20/ _____	Left Eye: _____ degrees
Both Eyes:	20/ _____	20/ _____	<b>Yes No</b>

Applicant can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors

Monocular vision

Referred to ophthalmologist or optometrist?

Received documentation from ophthalmologist or optometrist?

**Hearing**

*Standard: Must first perceive whispered voice at not less than 5 feet OR average hearing loss of less than or equal to 40 dB, in better ear (with or without hearing aid).*

Check if hearing aid used for test:	Right Ear	Left Ear	Neither
	Right Ear	Left Ear	
<b>Whisper Test Results</b>			
Record distance (in feet) from driver at which a forced whispered voice can first be heard	_____	_____	_____

**OR**

**Audiometric Test Results**

Right Ear:			Left Ear:		
500 Hz	1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 Hz
_____	_____	_____	_____	_____	_____
Average (right): _____			Average (left): _____		

**PHYSICAL EXAMINATION**

The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving.

Check the body systems for abnormalities.

Body System	Normal	Abnormal	Body System	Normal	Abnormal
1. General			8. Abdomen		
2. Skin			9. Genito-urinary system including hernias		
3. Eyes			10. Back/spine		
4. Ears			11. Extremities/joints		
5. Mouth/throat			12. Neurological system including reflexes		
6. Cardiovascular			13. Gait		
7. Lungs/chest			14. Vascular system		

*Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Exam Date: \_\_\_\_\_

**Please complete only one of the following (Federal or State) Medical Examiner Determination sections:**

**MEDICAL EXAMINER DETERMINATION (Federal)**

*Use this section for examinations performed in accordance with the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49):*

Does not meet standards (specify reason): \_\_\_\_\_

Meets standards in [49 CFR 391.41](#); qualifies for 2-year certificate

Meets standards, but periodic monitoring required (specify reason): \_\_\_\_\_

Driver qualified for: 3 months 6 months 1 year other (specify): \_\_\_\_\_

Wearing corrective lenses Wearing hearing aid Accompanied by a waiver/exemption (specify type): \_\_\_\_\_

Accompanied by a Skill Performance Evaluation (SPE) Certificate Qualified by operation of [49 CFR 391.64](#) (Federal)

Driving within an exempt intracity zone (see [49 CFR 391.62](#)) (Federal)

Determination pending (specify reason): \_\_\_\_\_

Return to medical exam office for follow-up on (must be 45 days or less): \_\_\_\_\_

Medical Examination Report amended (specify reason): \_\_\_\_\_

(if amended) Medical Examiner's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Incomplete examination (specify reason): \_\_\_\_\_

**If the driver meets the standards outlined in [49 CFR 391.41](#), then complete a Medical Examiner's Certificate as stated in [49 CFR 391.43\(h\)](#), as appropriate.**

I have performed this evaluation for certification. I have personally reviewed all available records and recorded information pertaining to this evaluation, and attest that, to the best of my knowledge, I believe it to be true and correct.

Medical Examiner's Signature: \_\_\_\_\_

Medical Examiner's Name (please print or type): \_\_\_\_\_

Medical Examiner's Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Medical Examiner's Telephone Number: \_\_\_\_\_ Date Certificate Signed: \_\_\_\_\_

Medical Examiner's State License, Certificate, or Registration Number: \_\_\_\_\_ Issuing State: \_\_\_\_\_

MD DO Physician Assistant Chiropractor Advanced Practice Nurse

Other Practitioner (specify): \_\_\_\_\_

National Registry Number: \_\_\_\_\_

Medical Examiner's Certificate Expiration Date:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Exam Date: \_\_\_\_\_

**MEDICAL EXAMINER DETERMINATION (State)**

*Use this section for examinations performed in accordance with the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49) with any applicable State variances (which will only be valid for intrastate operations):*

Does not meet standards in [49 CFR 391.41](#) with any applicable State variances (*specify reason*): \_\_\_\_\_

Meets standards in [49 CFR 391.41](#) with any applicable State variances

Meets standards, but periodic monitoring required (*specify reason*): \_\_\_\_\_

Driver qualified for:    3 months    6 months    1 year    other (*specify*): \_\_\_\_\_

Wearing corrective lenses    Wearing hearing aid    Accompanied by a waiver/exemption (*specify type*): \_\_\_\_\_

Accompanied by a Skill Performance Evaluation (SPE) Certificate    Grandfathered from State requirements (*State*)

**If the driver meets the standards outlined in [49 CFR 391.41](#), with applicable State variances, then complete a Medical Examiner's Certificate, as appropriate.**

I have performed this evaluation for certification. I have personally reviewed all available records and recorded information pertaining to this evaluation, and attest that, to the best of my knowledge, I believe it to be true and correct.

Medical Examiner's Signature: \_\_\_\_\_

Medical Examiner's Name (*please print or type*): \_\_\_\_\_

Medical Examiner's Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Medical Examiner's Telephone Number: \_\_\_\_\_ Date Certificate Signed: \_\_\_\_\_

Medical Examiner's State License, Certificate, or Registration Number: \_\_\_\_\_ Issuing State: \_\_\_\_\_

MD    DO    Physician Assistant    Chiropractor    Advanced Practice Nurse

Other Practitioner (*specify*): \_\_\_\_\_

National Registry Number: \_\_\_\_\_

Medical Examiner's Certificate Expiration Date:



# Instructions for Completing the Medical Examination Report Form (MCSA-5875)

## I. Step-By-Step Instructions

### Driver:

#### Section 1: Driver Information

- **Personal Information:** Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, driver's license number and issuing state.
  - **CLP/CDL Applicant/Holder:** Check "yes" if you are a commercial learner's permit (**CLP**) or commercial driver's license (**CDL**) holder, or are applying for a CLP or CDL. CDL means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a commercial motor vehicle (**CMV**). A CMV that requires a CDL is one that: (1) has a gross combination weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (**GVWR**) or gross vehicle weight (**GVW**) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
  - **Driver ID Verified By:** The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
  - **Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years?** Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.
- **Driver Health History:**
  - **Have you ever had surgery:** Please check "yes" if you have ever had surgery and provide a written explanation of the details (type of surgery, date of surgery, etc.)
  - **Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements):** Please check "yes" if you are taking any diet supplements, herbal remedies, or prescription or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
  - **#1-32:** Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
  - **Other Health Conditions not described above:** If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
  - **Any yes answers to questions #1-32 above:** If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- **CMV Driver Signature and Date:** Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.

## Medical Examiner:

### Section 2: Examination Report

- **Driver Health History Review:** Review answers provided by the driver in the driver health history section and discuss any “yes” and “not sure” responses. In addition, be sure to compare the medication list to the health history responses ensuring that the medication list matches the medical conditions noted. Explore with the driver any answers that seem unclear. Record any information that the driver omitted. As the Medical Examiner conducting the driver’s physical examination you are required to complete the entire medical examination even if you detect a medical condition that you consider disqualifying, such as deafness. Medical Examiners are expected to determine the driver’s physical qualification for operating a commercial vehicle safely. Thus, if you find a disqualifying condition for which a driver may receive a Federal Motor Carrier Safety Administration medical exemption, please record that on the driver’s Medical Examiner’s Certificate, Form MCSA-5876, as well as on the Medical Examination Report Form, MCSA-5875.
- **Testing:**
  - **Pulse rate and rhythm, height, and weight:** record these as indicated on the form.
  - **Blood Pressure:** record the blood pressure (systolic and diastolic) of the driver being examined. A second reading is optional and should be recorded if found to be necessary.
  - **Urinalysis:** record the numerical readings for the specific gravity, protein, blood and sugar.
  - **Vision:** The current vision standard is provided on the form. When other than the Snellen chart is used, give test results in Snellen-comparable values. When recording distance vision, use 20 feet as normal. Record the vision acuity results and indicate if the driver can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors; has monocular vision; has been referred to an ophthalmologist or optometrist; and if documentation has been received from an ophthalmologist or optometrist.
  - **Hearing:** The current hearing standard is provided on the form. Hearing can be tested using either a whisper test or audiometric test. Record the test results in the corresponding section for the test used.
- **Physical Examination:** Check the body systems for abnormalities and indicate normal or abnormal for each body system listed. Discuss any abnormal answers in detail in the space provided and indicate whether it would affect the driver’s ability to safely operate a commercial motor vehicle.

***In this next section, you will be completing either the Federal or State determination, not both.***

- **Medical Examiner Determination (Federal):** Use this section for examinations performed in accordance with the FMCSRs ([49 CFR 391.41-391.49](#)). Complete the medical examiner determination section completely. When determining a driver’s physical qualification, please note that English language proficiency ([49 CFR part 391.11](#): General qualifications of drivers) is not factored into that determination.
  - **Does not meet standards:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in [49 CFR 391.41](#).
  - **Meets standards in [49 CFR 391.41](#); qualifies for 2-year certification:** Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner’s Certificate.

- **Meets standards, but periodic monitoring is required:** Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified for, and if selecting “other” specify the time frame.
  - **Determination that driver meets standards:** Select all categories that apply to the driver’s certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, driving within an exempt intracity zone, etc.).
- **Determination pending:** Select this option when more information is needed to make a qualification decision and specify a date, on or before the 45 day expiration date, for the driver to return to the medical exam office for follow-up. This will allow for a delay of the qualification decision for as many as 45 days. If the disposition of the pending examination is not updated via the National Registry on or before the 45 day expiration date, FMCSA will notify the examining medical examiner and the driver in writing that the examination is no longer valid and that the driver is required to be re-examined.
  - **MER amended:** A Medical Examination Report Form (MER), MCSA-5875, may only be amended while in determination pending status for situations where new information (e.g., test results, etc.) has been received or there has been a change in the driver’s medical status since the initial examination, but prior to a final qualification determination. Select this option when a Medical Examination Report Form, MCSA-5875, is being amended; provide the reason for the amendment, sign and date. In addition, initial and date any changes made on the Medical Examination Report Form, MCSA-5875. A Medical Examination Report Form, MCSA-5875, cannot be amended after an examination has been in determination pending status for more than 45 days or after a final qualification determination has been made. The driver is required to obtain a new physical examination and a new Medical Examination Report Form, MCSA-5875, should be completed.
- **Incomplete examination:** Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves) other than situations outlined under determination pending.
- **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
- **Medical Examiner’s Certificate Expiration Date:** Enter the date the **driver’s** Medical Examiner’s Certificate (MEC) expires.
- **Medical Examiner Determination (State):** Use this section for examinations performed in accordance with the FMCSRs ([49 CFR 391.41-391.49](#)) with any applicable State variances (which will only be valid for intrastate operations). Complete the medical examiner determination section completely.
  - **Does not meet standards in [49 CFR 391.41](#) with any applicable State variances:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in [49 CFR 391.41](#) with any applicable State variances.
  - **Meets standards in [49 CFR 391.41](#) with any applicable State variances:** Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner’s Certificate.

- **Meets standards, but periodic monitoring is required:** Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified for, and if selecting "other" specify the time frame.
  - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, etc.).
- **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
- **Medical Examiner's Certificate Expiration Date:** Enter the date the **driver's** Medical Examiner's Certificate (MEC) expires.

**II. If updating an existing exam, you must resubmit the new exam results, via the Medical Examination Results Form, MCSA-5850, to the National Registry, and the most recent dated exam will take precedence.**

**III. To obtain additional information regarding this form go to the Medical Program's page on the Federal Motor Carrier Safety Administration's website at <http://www.fmcsa.dot.gov/regulations/medical>.**